



# BackPack BEGINNINGS

The Backpack Beginnings Family Market **serves Guilford County families with children under the age of 18 in the household.**



Shopping appointments can be made once a month.

Please allow extra time for your first visit so that we can collect household information that is required from Second Harvest Food Bank.

IDs and immigration status are NOT required.

Most of our supplies come from generous donations, so we can not guarantee any specific items. Please take what you need, leave what you don't for others.

## SCHEDULE AN APPOINTMENT

- Visit <https://backpackbeginnings.org/family-market/> and click on "Make Appointment"
- Or e-mail: [market@backpackbeginnings.org](mailto:market@backpackbeginnings.org)

## Market Hours

Mondays: 1 - 4 pm

Thursdays: 2 - 4 pm

Tuesdays: 9:30 am - 12:30 pm

Fridays: 9:30 am - 12:30 pm

Wednesdays: 12 - 4 pm

 [market@backpackbeginnings.org](mailto:market@backpackbeginnings.org)

 (336) 954-7445

 <https://backpackbeginnings.org/family-market/>

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